

Arctic Regions Test Center automotive test track tests for military and private industry

By Mark Schauer
U.S. Army Arctic Regions Test Center (ARTC) is the Department of Defense's lone extreme cold test facility.
Tasked with testing virtually everything in the ground combat arsenal in a natural environment where winter lows drop far below zero, ARTC testers are masters of arctic test and evaluation.
Among other platforms, the test center, located at Fort Greely, Alaska, has conducted rigorous tests of the Stryker combat vehicle and M109A7 Paladin self-propelled howitzer, both of which utilized ARTC's Mobility Test Complex as part of their testing. Concurrent with this military testing, ARTC's automotive test track accommodates multiple customers



Arctic Regions Test Center, located at Fort Greely, Alaska, has conducted rigorous tests of the Stryker combat vehicle and M109A7 Paladin self-propelled howitzer, both of which utilized ARTC's Mobility Test Complex as part of their testing. ARTC's automotive test track also accommodates multiple customers from private industry, something it has done since its start in 2004. (Photo by Mark Schauer)

from private industry, something it has done since its inception in 2004.
“When we have low military workload, being able to do commercial testing allows us to maintain capabilities and upkeep equipment that is used for these types of tests, as well as the expertise for doing those things,” said Jeff Lipscomb, technical director. “That way, when a military test does come, we’re not scrambling to figure out how to support it. To me, the biggest benefit of the commercial automotive workload is that it keeps us on the cutting edge of automotive testing.”
In addition to keeping ARTC's cold-weather automotive testing knowledge razor sharp, hosting

SEE **ARTC** page 10

YPG engineers talk rockets with the Gators
/ Page 2



Learn about YPG's mission and meet airborne Soldiers at March events
/ Page 3



YPG shows their strength during Organizational Day
/ Pages 6-7





Local Federal Retirement Consultant
Have You Accepted the Deferred Resignation Program?
Need Help Planning for Retirement?
Scan the QR Code for a No-Obligation Consultation

Adrian Elder CFP® FRCSM AIF®
CERTIFIED FINANCIAL PLANNER®
Managing Partner & Wealth Advisor



YUMA & IMPERIAL VALLEY
WEALTH MANAGEMENT

182 E. 16th St.
Suite D
Yuma, AZ 85364
928.329.1700

Investment advisory services offered through CWM, LLC, an SEC Registered Investment Advisor. Carson Partners, a division of CWM, LLC, is a nationwide partnership of advisors.

YPG engineers talk rockets with the Gators

By Ana Henderson

Members of Yuma Proving Ground's (YPG) S1 Workforce Development team and engineers made their way to Gowan Science Academy, on the morning of Feb. 11, 2025, to talk rockets.

The Gowan Gators second grade class has been studying rockets and invited the local experts at YPG to show them firsthand how rockets work.

YPG test engineers Bryan Sprouse

and Caleb Little along with the S1 Team, Janett Rios, Teresa Elizade and Maria Hernandez and the help of teachers, parent volunteers and seventh grade students guided the second graders through assembling a rocket.

Parent Erika Urbieta volunteered with her daughter Aria's class. She's familiar with YPG but has never had the opportunity to see the test items up-close.

"Even though we live right next to

YPG, there's not a lot of exposure to it. So, bringing it to the schools and having the kids build the rockets and learn more is great."

Little has taken part in other STEM-related camps that YPG has hosted and is an uncle to two nieces. He enjoys the opportunity to teach kids about science.

Little remarked, "Working with the kids is a lot of fun, and it's just as simple as that."

Once the students were done with the hard work of building, it was time to watch the rocket show. Nearly 100 students had the opportunity to launch their rocket

with the guidance of the YPG team.

YPG puts emphasis on reaching out to local students and teaching them about YPG's mission as the premier extreme natural environment test center for weapons and technology and exposing them to the world of science, technology, engineering and mathematics in hopes they will choose a career in STEM.

Little explains, "They're at such a young age where you can ask them a question and it's almost a trick question, but it gets them to think."

And that thought might just spark an interest in STEM.



Members of Yuma Proving Ground's S1 Workforce Development team and engineers visited Gowan Science Academy, on the morning of Feb. 11, 2025, to talk rockets. YPG puts emphasis on reaching out to students and teaching them about YPG's mission and exposing them to the world of science, technology, engineering and mathematics in hopes they choose a career in STEM. (Photos by Ana Henderson)



Yuma Proving Ground test engineers Bryan Sprouse and Caleb Little along with the S1 Team, Janett Rios, Teresa Elizade and Maria Hernandez and the help of teachers, parent volunteers and seventh grade students guided the second graders through assembling a rocket.



The Outpost

This Department of Defense newspaper is an authorized publication for members of the Department of Defense. Contents of The Outpost are not necessarily the official views, or endorsed by, the U.S. Government, the DoD, or the Department of the Army.

Published by RISN Inc., a private firm in no way connected with the U.S. Army, under exclusive written contract. The editorial content of this publication is the responsibility of the U.S. Army Yuma Proving Ground Public Affairs Office.

This newspaper uses material credited to ATEC and ARNEWS. While contributions are solicited, U.S. Army Yuma Proving Ground Public Affairs Office reserves the right to edit all submitted materials and corrections, changes, or deletions to conform with the policy of this newspaper.



News may be submitted to:

The Editor, Outpost, Yuma Proving Ground, Yuma, AZ, 85365

Phone: (928) 328-6149 or DSN 899

Visit our website at: www.yuma.army.mil

or email to: ana.c.henderson.civ@army.mil

Commander: Col. John Nelson

Public Affairs Officer: Mark Schauer

Public Affairs Specialist/Outpost Editor: Ana Henderson

Visual Information Manager: Eugene Garcia

Cold Regions Test Center Photographer: Sebastian Saarloos



To advertise in **THE OUTPOST** call (928) 539-6800
or go to advertising@yumasun.com

BUILD IT. TEST IT. FLY IT.



THE DEFENSE CONTRACTOR COMPLEX
AT YUMA INTERNATIONAL AIRPORT

• Support Hangars / Infrastructure

• Million Air FBO with DESC fueling contract

(928) 726-5882 | www.defensetesting.com





U.S. Army Proving Ground's display at the MCAS-Yuma Airshow includes static displays and Soldiers with the Airborne Test Force as shown in these photos from the 2024 event. (Photos by Ana Henderson)



Learn about YPG's mission and meet airborne Soldiers at March events

By Ana Henderson

If you are looking to learn more about the mission of U.S. Army Yuma Proving Ground (YPG), there are several opportunities in the coming months.

Representatives from YPG and Soldiers are setting up camp, well more like a booth, at the Marine Corps Air Station-Yuma Airshow Sat. March 15 and at the Military Appreciation Day on March 22 in downtown Yuma the following

weekend.

Gates for the airshow open at 9 a.m. and close at 3:30 p.m. The military appreciation event takes place on Main Street and typically runs from 9 a.m. to 3 p.m.

Both events are free and open to the public.

Community members can also mark their calendar for June 14, 2025, when the U.S. Army celebrates its 250th Birthday. More details of that event will be released as plans are set.



During Military Appreciation Day (MAD) in Downtown Yuma, event goers will have the opportunity to meet YPG's leaders and Airborne Test Force Soldiers, learn about its mission and check out static displays as shown in this photo from 2024. (Photo by Mark Schauer)

Marine Operational Test & Evaluation Squadron 1 learns about YPG's capabilities



On the morning of Feb. 19, 2025, U.S. Yuma Proving Ground's (YPG) command team welcomed the VMX-1 command element. The Yuma based, Marine Operational Test & Evaluation Squadron 1, Commanding Officer Col. John Dirk (center), Executive Officer Lt. Col. Jacob Schwinghammer, Chief Operational Test Director Maj. Kyle McLeod, Sgt. Maj. Luis Galvez and Asst. Chief of Operational Test Mary-Beth Weaver (center) are pictured meeting YPG Commander Col. John Nelson and Command Sgt. Maj. Mark Millare. Nelson invited the squadron to show YPG's capabilities and discuss opportunities to work together. (Photos by Ana Henderson)

Join in the excitement as Marine Corps Air Station host their annual Air Show!

AIR SHOW

March 15th, 2025
Shuttle to MCAS Yuma Air Show
 *Open to all authorized DoD ID cardholders

Single: \$10 • Couple: \$15
 Register by March 12th
 Meet by 0800, shuttle will leave by 0830
 Call (928) 328-3989/2244



Family Advocacy Program brings awareness to dating violence



ABOVE: The Family Advocacy Program hosted a Wear Orange Day to bring awareness to dating violence. During this awareness month, the FAP team set up booths around post including the ROC atrium where many employees pass through. They provided information and snapped photos of people holding orange balloons including YPG Commander Col. John Nelson.

LEFT: Youth Services employees adorned their office with orange balloons in support of the observance. (Photos provided by Mariah Boykin)

Teen town hall focuses on health relationships



The Family Advocacy Program (FAP) team hosted a teen town hall on Feb. 25, 2025, at the Youth Services Teen Center to discuss healthy relationships. FAP Manager Mariah Boykin said, "The teens did a great job; they were engaged in the conversation and interested in the subject. I was impressed by the answers they gave regarding how to treat people respectfully." The curriculum used is from the "One Love" foundation, named after a young girl, killed by her boyfriend. The focus is teaching teens how to maintain healthy boundaries in relationships, including with peers, siblings, parents, and employers. (Photos and content courtesy of FAP)

Chaplain's Corner Perseverance

Chaplain's Corner
Chaplain Maj.
Ryan Pearse



The word of the day is doggedness. It means to be determined, persistent, and tenacious.

The Trends in International Mathematics and Science Study is a series of international assessments of the mathematics and science knowledge of students around the world. Before taking this exam, students are asked to fill out a long questionnaire.

What researchers noticed was that the student's ability to finish the questionnaire and the ability to excel on the math part of the exam

are one in the same. In other words, if you are willing to work hard and not give up at filling out a long questionnaire, you are more than likely willing to work hard and not give up at completing math problems on a long exam.

Most people don't like math. Most Americans become disillusioned with math even before middle school because they're, "not very good at it." Being discouraged at such a young age sets oneself up for failure in a particular domain for the rest of their life. We must be willing to persevere and display doggedness until the end no matter how hard it gets.

Matthew 24:13 tells us, "But the one who endures to the end will be saved."

MONTH OF THE MILITARY CHILD KICK OFF SUPERHERO PARADE

RALLY POINT: BLDG 1102

WHEN: MARCH 27TH, 2025

TIME: 1000 - 1115

"Military Children are like dandelions. They can put down roots almost anywhere. They are impossible to destroy. They adapt easily and can survive nearly anywhere. Military children bloom everywhere the wind carries them and they stand ready to fly into the breeze to take them into new adventures, new lands, and new friends"



CALLING ALL SUPERHEROES

JOIN US TO CELEBRATE

PROCLAMATION SIGNING 1000 - 1030

PARADE STARTS 1030 AT BLDG 1102

PRICE ELEMENTARY SCHOOL WILL JOIN US ENROUTE

WEAR YOUR BEST SUPERHERO COSTUME

YPG COMMUNITY IS WELCOME TO JOIN IN THE PARADE OR ALONG ROUTE:
Lee Tan Ave
Halo Street
D Street
2nd Street
F Street
Zevala Ave



For More Information Call: 928-328-2860

YTC Commander recognizes Instrumentation Division personnel

On Feb. 18, 2025, Yuma Test Center Commander Lt. Col. Kevin Hicks visited the Instrumentation Division for an intimate town hall giving

employees the opportunity to ask questions and share concerns. Hicks also recognized the following individuals in front of their peers.

— Years of service awards —

20 years

15 years



Nickolas McColl and Salvador Camacho

Not pictured, Dennis Winterton and Curtis Overstreet (40 years).



Dean Da Silva and Jason Brack

YTC Commander's Coin recipients



Ruben Hernandez and Jamie Coronado

Hicks gave the two a coin after receiving positive feedback from the Army Evaluation Command for their work supporting a test. (Photos by Ana Henderson)

Airborne Test Force Soldiers awarded for test support

Feb. 11, 2025, Yuma Test Center (YTC) Commander Lt. Col. Kevin Hicks visited the Airborne Test Force complex at YTC to say farewell to Staff Sgt. Sean Finley before his permanent change of station. Hicks also took the opportunity to recognize nine Soldiers for their support during a sling load test. They each received an Army Achievement Medal for their role in the mission success. (Photos by Darcy Broom)



Come And Join Us... Your Friends At

Red's Bird Cage Saloon

Located in the heart of Historic Downtown Yuma

231 Main St. • 928-783-1050

Mon-Fri 10:00am - 2:30am • Sat & Sun 8:00am - 2:30am



SHOP SUPPORT
VOLUNTEER
TUE-FRI 9AM-5PM
SAT 9AM-1PM
812 S AVE A
329-2989



2025 Organizational Day

Promoting camaraderie and Esprit de Corps among the Soldiers and civilians

Feb. 13, 2025, the Yuma Proving Ground workforce and Soldiers gathered to show their physical and mental strength. Organizational Day is a day for

all who support the mission to unite and enjoy working as a team to win the coveted Commanders Cup trophy. (Photos by Ana Henderson)





Best Dish/ Morale, Welfare and Recreation for ribs



The U.S. Army Yuma Proving Ground team show their pride for the mission



Overall winners of the Commander's Cup/ Munitions and Weapons Division



1st place winners

Basketball Free Throw MFFS
 3-Legged Race S-2/3/4/5
 Sand Bag Buddy Relay M&W
 Wacky Relay M&W
 Landi Ski CASD
 3x3 Basketball ASET
 Cornhole IMCOM

Family Feud Ammo & Armaments
 Pickleball TID
 2v2 Volleyball M&W
 Closest to Pin Chip CASD
 Best Dish Contest MWR
 Dodge Ball CASD
 Ping Pong TID

Longest Football Throw M&W
 Football Throw Relay CASD
 Grenade Throw MFFS
 Tire Flip CASD
 2v2 Soccer Goal S-2/3/4/5
 HMMWV Push M&W
 Tug of War CASD & M&W

Exploring the great outdoors



The Yuma Proving Ground community struck gold with the visit by the Southwestern Prospecting and Miners Association out of San Diego. More than 60 parents and kids attended the gold prospecting hike Feb. 15, 2025, hosted by the Halo Chapel. They learned how to prospect and mine for gold and the differences in the property of gold versus other metals. No one left empty handed as all the kids received a gold flake in a vial. (Content and photos provided by Chaplain Maj. Ryan Pearse)

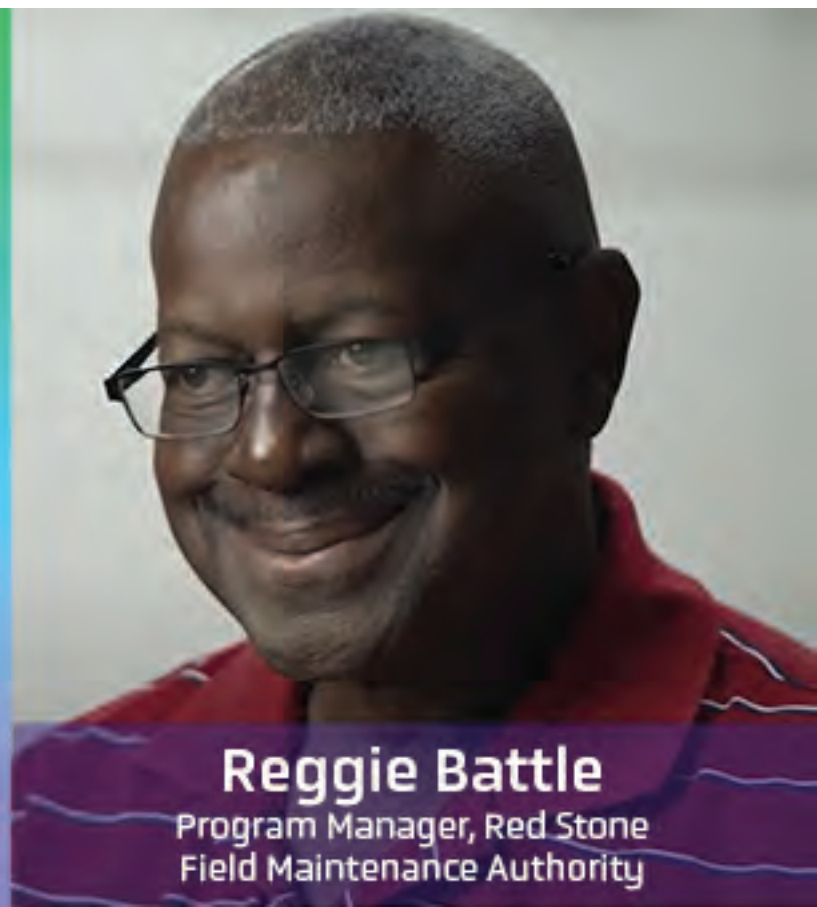


Our Advanced Test & Evaluation capabilities deliver **Results with Impact**, empowering the Army and the nation to take on what's next.

"I focus on understanding the customer's customer."

ASTRION.US/YUMA

ALWAYS ON



Reggie Battle

Program Manager, Red Stone
Field Maintenance Authority

CLASSIFIEDS

To place your ad call 928-783-4433

Antiques - Classics



I will buy your Old and Classic Cars.
I Will Pay Top Dollar!
Fast and easy, No hassles,
Guaranteed.
(909) 202-8517

RVs - Motorhomes



I will buy your RV, Travel Trailer or 5th Wheel.
I Will Pay Top Dollar!
Fast and Easy, No hassles,
Guaranteed.
(818) 879-3764

Trucks - 4x4s



I will buy your Pick-Up
I Will Pay Top Dollar!
Fast and Easy, No hassles,
Guaranteed.
(818) 879-3764

Air Cond - Heating



A/C & HEAT PUMP
TUNE UP SPECIAL \$65
HEAT PUMPS ON SALE
• Park Models • Mobile Home Sales, Repairs, & New Installations
Free Estimates Res & Comm
928-919-1717
-Insured- ROC# 271605

Advertise Your Business or Service Here!

Call 928-783-4433

Services in Yuma.com

Air Cond - Heating

AIRO LLC.
Air Conditioning
Install, Repairs & Maintenance

- Park Model Experts
- Heat Pumps and A/C's
- Swamp Coolers
- AZ room Duct Additions
- Gas & Electric Furnace

Same Day Serv. & Repairs 24/7
Licensed, Bonded & Insured
Call 928-488-1518
AZ ROC #311358 CR-39

Cleaning Services

Alabaster Cleaning

HOMES OFFICES YARDS
CARPET WINDOWS FANS
BLINDS ORGANIZING

928-782-6624
Lic., Bonded, Insured

www.AlabasterCleaning.com
AlabasterCleaningLLC@gmail.com

WE CLEAN WINDOWS

****\$50 Special****

Cleaning For Up To
10 Residential Windows
Inside & Out
(928)247-2946
(not a licensed contractor)

COMMERCIAL & RESIDENTIAL CLEANING SERVICE
WWW.CANDICLEANINGSERVICE.LLC.AZ.COM

ONE TIME DAILY WEEKLY
BI-WEEKLY MONTHLY
BOOK NOW
928-315-2209

Winter Discount
20% OFF Bi-Weekly
10% OFF Monthly Bookings!

Concrete

E&S
Insured & Bonded
ROC# 290917
QUALITY CONSTRUCTION SERVICES
COMMERCIAL & RESIDENTIAL

CONCRETE & BLOCK
• New Foundations, Additions
• Patios, Driveways, Sidewalks
• Stamp, Color, Regular

Also Bobcat & Dump Truck Service
Call for FREE Estimates
Alex: 928.259.6502
Pro: 928.246.3947

Construction

Victor's 1 STOP
Remodeling Shop
(In Business since 1986)

- New Residential Homes
- Complete Home Renovations
- Kitchen and Bathroom Remodel
- Showers
- Room Additions
- Patios

Office: 2573 EAST 24th St.
(928) 726-4430
ROC#B-103948 B-1232324

Electricians

ELECTRICAL UNLIMITED

- Residential & Commercial Electrical
- Wiring Service for Remodel / New Construction
- Repair Services
24hr Service & Free Estimates

(928) 920-2311
License#379734 & Insured

Flooring

DBG FLOORING

- ✓ LOCAL FAMILY OWNED BUSINESS
- ✓ QUALITY WORK & FLEXIBILITY
- ✓ LICENSED PROFESSIONALS
- ✓ FREE ESTIMATES
- ✓ FINANCING

2291 E PALO VERDE ST.
YUMA AZ 85365
(928)-294-5898
WWW.DBGFLOORING.COM

Handyman

A & M HANDYMAN

A&M HANDYMAN
Masonry, Carpentry,
Cement, Remodeling
Painting, Plumbing
Roofing & More Just Ask!
No job too small because
I do them all.
Allen Ainsworth
Cell 928-257-9077
or Call 928-783-0306

VISA LOW COST HANDYMAN

Roof Repair, Fans,
Carpentry, Painting,
Plumbing, Trees, Hauling,
AZ Rooms, Floor Repair
(Senior and Military Discounts)
Credit and Debit Cards Accepted
(928) 975- 9760
City Licensed and Insured

ROGER'S HANDYMAN

Over 10 Years Serving Yuma
• Drywall • Electrical • Plumbing
• Tile • Framing • Roof Repairs
• Painting • Sub Floors/Floors
• Decks/Ramps **Call Roger:**
(928) 345-8391
(not a licensed contractor)

Landscaping

Artisan's Artistic LANDSCAPING
Serving Yuma Since 1999

- 3d Design - Pavers
 - Artificial Turf
 - Retaining Walls
 - Irrigation Systems
 - Complete Outdoor Living Solutions.
- 928.287.9035 • 928.341.5875**
Design Build Maintain

Painters

DSP
DESERT BEST PAINTING LLC
Commercial & Residential
• Interior • Exterior
• Drywall • Stucco • Repair
• Roof Coating • Epoxy Floors

Licensed-Bonded-Insured - ROC# 200112
928-446-9519
VISA

GR Stamps Painting Service

Painting Interior / Exterior
928-329-4441 or
Call Gary 928-271-9968
Licensed & Bonded for your Protection
ROC 145570

M.T. Professional Painting & Remodeling

- Stucco, Drywall
 - Baseboards, Doors
 - Roof Coatings
- Neat Professional Work.
34 Years Experience
Fully Bonded & Insured
928-726-2664
Res. ROC#165505
Comm. ROC#112597

SIERRA COATINGS LLC

Commercial & Residential
Custom Painting
34 years of quality service
Stucco & Drywall Repair • Stains
Varnish • Epoxy Floors • Roof Coatings
Licensed • Bonded • Insured
928-257-2555
14590 E. 42nd Place (Yuma, Arizona 85367)
Free Estimates ROC# 261629

Roofers

ROOFING EXPERTS INC.

All types of Roofs
Elastomeric Systems
New Roofs, Maintenance,
Repairs & Inspections
= **FREE ESTIMATES** =
Ask about our discounts
928-627-8366
ROC20110 lic., Bonded & Ins.

ALMODOVA
ROOFING & INSULATION

928-782-3002
PO BOX 4401 Yuma, AZ 85366
Serving Yuma since 1962
AlmodovaRoofing.com
ROC# 323460

LINES & LUNDGREEN ROOFING & INSULATION, INC.

Tile, flat, foam or shingle roofs.
Small repairs to complete new
roof systems. All 100% guaranteed.
linesandlundgreen.com
ROC#069354C42. 070448L42.
928-783-9084

MIKE'S ROOFING

Shingles, Mobile Homes,
Clay Tiles and Flat Roofs
Military and Senior Discounts
(Veteran Owned)
760-595-5550
Roc#353722 • LIC., INS., BONDED

Reach More Customers!
Call 928-783-4433

ARTC

FROM PAGE 1

commercial testing means the test center's mobile snow-making machines and other specialized track grooming equipment not found elsewhere in the Department of Defense keeps moving, which saves maintenance costs in the long run. Further, continuous use means the skill the test center's equipment operators have gained operating the esoteric machines doesn't degrade, for instance, in unskilled hands a mobile track dryer could ruin the track's asphalt while melting snow and ice.

"We have a 3.2-mile paved, two-lane oval track with a big ice pad in the middle of it, as well as a lateral acceleration pad where we can put an ice and snow circle within that course," said Russel Hollembaek,

the test track's manager. "We also offer double splits of ice to test traction control during braking and acceleration."

Both military and commercial customers have access to a desirable facility that boasts a 1000-foot by 800-foot lateral acceleration pad, a 200-foot by 1200-foot skid pad, and grades ranging in steepness from 50% to 60%, a dramatic difference from the 6% or less grades an American motorist finds on an interstate highway in the lower 48.

"We have interior cross-country trails within the compound itself as well as outside the compound for longer range testing," said Hollembaek.

The track can accommodate as many as 35 vehicles simultaneously, though typically there are no more than 20 to 25 at a given time. Though military customers take priority, there has never been a scheduling

conflict in more than 20 years of operation. No taxpayer money is used to subsidize commercial testing.

"We make sure we are meeting their requirements without doing something with government money for private industry," said Lipscomb. "They pay the whole bill for everything they use and do here."

Virtually every major commercial automotive manufacturer known to the average American motorist has conducted testing at ARTC's automotive track at some point during its existence, though usually with specialized testing that doesn't require running laps on the oval. Commercial car companies are eager to maintain trade secrecy with their competitors, and ARTC is happy to accommodate this desire, going so far as to carry an opaque screen alongside personnel if it becomes necessary to walk past another company's activities. Scheduling time

at the track is relatively simple, too.

"One of the reasons commercial automotive companies like to come here is security," said Hollembaek. "We have our own security team that takes care of things for them that is usually much stricter than what they normally deal with."

Though summertime maintenance following ARTC's extreme winters can be rigorous, the track itself was constructed with care to prevent frost heaves, a ruinous road condition caused by thawing permafrost under a road surface causes the ground to soften and sink, ensuring its viability for many years to come.

"The track was built to a standard of far more compaction than a highway," said Lipscomb. "We wanted to make sure we didn't get a frost heave. It was dug far down to and re-filled with gravel to ensure there was no permafrost that would affect the track."

Outpost
outspoke

Listen on
Apple Podcasts

Listen on
Spotify Podcasts

amazonmusic

Listen On
pandora

LISTEN ON
tunein

988 SUICIDE & CRISIS
LIFELINE

1.800.273.TALK

YUMA PROVING GROUND
SEXUAL ASSAULT
24-HOUR
HOTLINE

928.920.3104

Military Equal Opportunity (MEO)
Commander's 24/7 Hotline
(443)-910-1680

READ ACROSS AMERICAWEEK

Tuesday
The Cat in the Hat

Wednesday
One fish, two fish, red fish, blue fish

Thursday
Fox in Socks

Friday
Green Eggs and Ham

Celebrate Read Across America with us!
Come pick up a free book, and participate in our daily themed activities.

March 3-7, 2025 | Post Library, Bldg. 530

U.S. ARMY | @YumaMWR

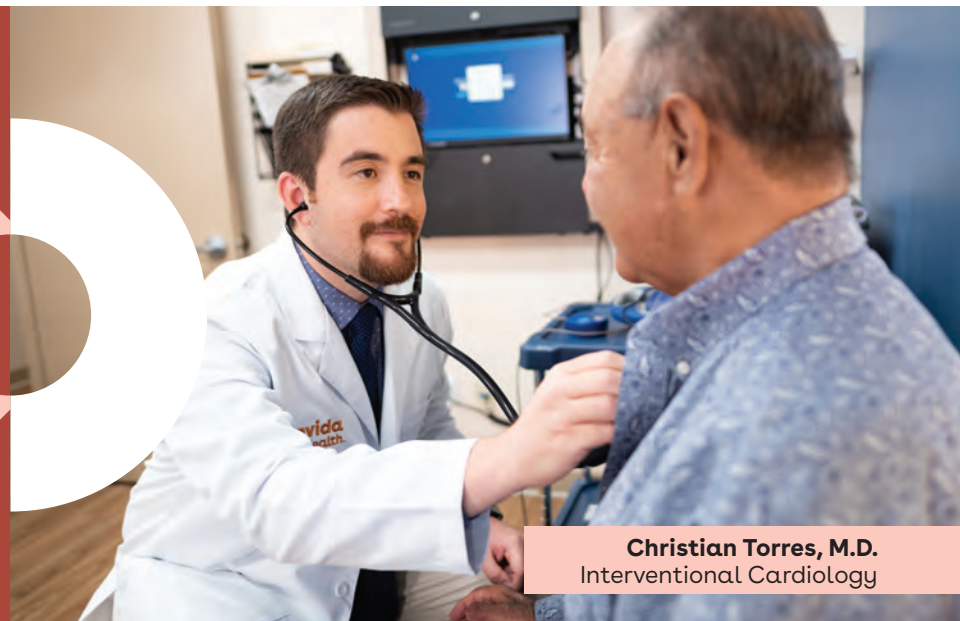
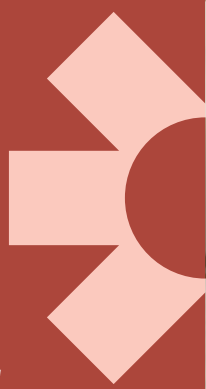
Words of love event at the library



For those who like to give presents made with love, the Yuma Proving Ground Post Library hosted a make your own Valentine's Day Card event on Feb. 12, 2025. Participants choose from a variety of stickers, feathers, and other craft items to decorate the cards to give to a friend or family member. (Photos provided by Library staff)

Here's to you. Here's to life.

Here's to healthier hearts for Heart Month and all year round.



Christian Torres, M.D.
Interventional Cardiology

Your heart deserves expert care that's as advanced as it is compassionate. At Onvida Health, our heart specialists are here to help you live your healthiest life, from preventative screenings to advanced treatments to personalized recovery plans. Equipped with the latest technology and dedicated facilities, we offer complete care for your heart and vascular health for every stage of life.

Yuma Regional Medical Center is changing our name to Onvida Health.

onvida Health™

OnvidaHealth.org/heart



ALL THE FUN, UNDER THE SUN.™

Through the gateway to the Great Southwest, you'll find a place where the fun never sets. Welcome to the land of slots, blackjack, bingo, delicious food and ice-cold drinks. All surrounded by bowling, 18-hole golf, rock walls for climbing, arcade games and gorgeous pools.



South Highway 95 in Somerton | CocopahResort.com