

THE OUTPOST

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New visitor access system at Yuma Proving Ground goes into effect



The subject of authorized access by members of the public is an important issue at military installations throughout the nation, no matter the branch of service. Due to security concerns, the Department of the Army has issued new access control requirements for Army installations throughout the nation. U.S. Army Yuma Proving Ground recently initiated these new requirements.

Effective immediately,

a background check of individual records through the National Crime Information Center is required for individuals entering the proving ground who do not possess a military identification card or Common Access Card (commonly called a CAC card and issued to government employees and authorized contractors.) These checks are performed by computer and normally take no longer than five to 10

minutes.

Since these checks require U.S. identification, they cannot be conducted on non-U.S. citizen visitors. This means that unescorted access to Yuma Proving Ground for these individuals will no longer be granted. Foreign nationals may obtain access to the proving ground only by being escorted at all times by an authorized official.

Tax season is almost here: Prepare your documents

By Gary N Jones, Attorney-Advisor

In cooperation with the IRS VITA program, the YPG Tax Center is gearing up to provide eligible personnel free federal and state tax return preparation and electronic filing services. Later this month we will announce the Tax Center opening date, locations, hours of service, and other helpful

information.

Who is eligible for YPG Tax Center free services? Generally, active duty servicemembers of all ranks and branches who are stationed on YPG and their family members are eligible as are retired service members and their family members.

Those brave souls who like preparing their own tax returns, have options. Many active duty

personnel can file their return via Military One Source. Information about that option is at <https://www.militaryonesourceeap.org/achievesolutions/en/militaryonesource/Topic.do?centerId=1&topicId=1583>.

If you are not eligible to use Military One source, you may be able to use the IRS Free File program. Information on that option

is at <http://www.irs.gov/uac/Free-File:-Do-Your-Federal-Taxes-for-Free>. This program is primarily for taxpayers with less than \$60,000 of annual income, but it also assists those with income over \$60,000 who know what they are doing.

You can purchase commercial tax return preparation software to

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TAX SEASON

FROM PAGE 1

prepare your state and federal returns. The IRS posted information about this option at <http://www.irs.gov/uac/e-file-with-Commercial-Software> or you can Google "Tax return software" to get a list of commercial products.

If you have specific questions, are eligible for Legal Assistance, and plan to go DIY please schedule an appointment to consult with the Legal Assistance Attorney before you file your return. We prefer to provide on your return before you file it rather than help you respond to IRS nasty-grams two or three years later when you may

owe hefty interest and penalties in addition to the original tax.

Finally, the Legal Assistance Office and Tax Center plan to publish tax tips on "YPG all" and other locations. While these postings are meant primarily for personnel eligible for Legal Assistance, all recipients may find the information helpful.

The YPG Legal Assistance Office/Tax center are sections of the Office of the Command Judge Advocate and are located in Bldg. 452. Our telephone number is 928-2608.

Commentary

By Teri Womack

I have worked at YPG since 1986 and like so many things we do year after year, it has become somewhat routine. But in early December, I had the opportunity to do something I haven't done for 28 years – view the proving ground through a first time visitor's eyes when I escorted a delightful group of winter visitors during the first of five "YPG Behind the Big Gun's" public tours.

I've become fairly comfortable working behind the scenes coordinating for visits, but am very nervous and uncomfortable when addressing a large group. As I picked up the microphone and prepared to introduce myself, I saw 50 pairs of eyes looking back at me with the expectation that I was going to say something brilliant and informative. And I could hardly remember my name. I needn't have worried as one smiling woman said "Honey, we are just a bunch of folks in a big hurry to do nothing all day long!" I relaxed, began to converse with the group, and geared up to enjoy the new experience. I even learned a few things along the way.

Lesson number one: The bigger the boys, the bigger the toys!

At the Armor Test Branch, the group received a short briefing and were escorted to the yard to view the vehicles up close. At the conclusion, I informed them that we were getting ready to leave and I would run ahead to ask the bus driver parked across the street to pull closer to

the building. When I returned, there was a group of women waiting to board the bus and I wondered where the men were. When I asked, the ladies told me that their significant others had ventured even further back into the yard and joked that they didn't think their significant others even noticed they were gone. As I headed back to the men, the women waved and jokingly wished me good luck. It took a little persuasion, but we were soon ready to head to the next location.



As we pulled away from the Armor Test Branch facility, I remembered that I began my federal service career many years ago in this building as a secretary. (Back then, it was named Systems Test Branch). I had previously never set foot on a military installation and had no prior experience with the Army's DD or STE forms or acronyms. I recalled that during my very first week on my first government job, I was so flustered that when one of the mechanics came into my office and asked me if I had any WD-

40, I rifled through the forms in the filing cabinet twice before I realized he actually wanted a can of WD-40.

Lesson number two: Lunch is the most important meal of the day.

One very sweet gentleman pulled me aside and asked when we would be heading to the Cactus Café for lunch. I joked that the group was getting "hangry" (hungry/angry). I told them that lunch and recess had been my favorite subjects in school. They totally agreed as we boarded the bus for the Cactus Café.

Lesson number three: Always check the restrooms to ensure you are leaving no man or woman behind!

Bathroom checks are a MUST before departing each location. Concerned about the head count before we left the Heritage Center, as I was power-walking through the hallways quickly checking rooms that in my rush, I mistakenly informed a mannequin that the bus was leaving and she didn't want to be left behind! Lucky for me, no real people were around and I quickly realized that the mannequin was not a winter visitor, but a full time resident at the museum.

All in all, my first tour went really well. The YPG subject matter experts answered dozens of questions and I was not at all surprised that the questions directed to me were about the people who live and work here. After all, they are the heart and soul of the proving ground and their commitment, dedication and hard work, are the reasons for YPG's impeccable reputation.

THE OUTPOST

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VIEWPOINTS

It is easy to make New Year resolutions at the end of December, but harder to sustain them into January. We asked members of the workforce what their new year's resolutions were.



Paul Wilson

Heavy mobile equipment mechanic

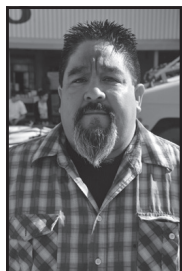
To start exercising again and continue going to AWC for the heating and ventilation program. I also want to continue to make my wife happy.

Tina Wills

Recreation director



My new year's resolution is to get in better shape. It's been in my mind, so I need to do it. We have yoga classes on Monday and Wednesday evenings at the fitness center, so I'm going to attend. I like hiking and kayaking, but I have to hit the gym more.



Derek Yabo

Weapons and hull maintenance

My resolution is to go home safe every day of the year. We rebuild breaches and change tubes all day long, and got an award for being the safest section last year. I want to continue that.

From the ATEC G-1 Director's Office

SICK LEAVE AND FMLA LEAVE FOR FAMILY CARE AND/OR BEREAVEMENT

The Federal Employees Family Friendly Leave Act became effective in 1994, and expired three years later. However, its concept of allowing the use of sick leave for family care and bereavement absences was incorporated into present law (5 USC §6307) and OPM sick leave regulations (5 CFR §630.401) to ensure that Federal employees continue to be able to use accrued sick leave to help them balance work and family obligations. This is different from leave taken to care for family members under the Family and Medical Leave Act (FMLA), which is unpaid, and only available in more limited situations.

Sick leave for family care or bereavement (also known as "family-friendly leave") allows employees to request and be approved to use their accrued sick leave (i.e., **paid leave**) when they:

- Provide care for a family member who is incapacitated by a health condition, or need to accompany a family member receiving a medical, dental or optical treatment (*ATAAPS Type of Leave Code: LS; Reason Code: DE*);
- Provide care for a family member with a "serious health condition" (*ATAAPS Type of Leave Code: LS, Reason Code: DC*);
- Attend or arrange a family member's funeral (*ATAAPS Type of Leave Code: LS, Reason Code: DE*); or
- Must be absent for reasons relating to the adoption of a child. This includes appointments with adoption agencies, social workers and attorneys; court proceedings; required travel; and any other activities necessary to facilitate the adoption (*ATAAPS Type of Leave Code: LS, Reason Code: DF*).

FMLA leave for family care is not available for bereavement, but it does entitle eligible employees to request up to 12 (or 26 for military-related injuries) weeks of **unpaid** leave during a single 12 month period for the following purposes related to family care:

- the birth of a son or daughter of the employee and the care of such son or daughter (*ATAAPS Type of Leave Code: KA, Reason Code: DA*);
- the placement of a son or daughter with the employee for adoption or foster care (*ATAAPS Type of Leave Code: KA, Reason Code: DB*);
- the care of the spouse, son, daughter, or parent of the employee who has a serious health condition (*ATAAPS Type of Leave Code: KA, Reason Code: DC*); or
- any qualifying exigency arising out of the fact that the spouse, or a son, daughter, or parent of the employee is on covered active duty (or has been notified of an impending call or order to covered active duty) in the Armed Forces (*ATAAPS Type of Leave Code: KA, Reason Code: DM*).

While both forms of leave must be requested and approved by a supervisor, there are some key differences to keep in mind:

- Sick leave is accrued paid leave. FMLA leave does not accrue and is generally unpaid, unless an employee opts to substitute accrued sick leave. In those situations, the sick leave is applied concurrently with the FMLA leave.
- The term "family member" is defined more broadly when applied to sick leave requests than it is when applied to FMLA leave requests. For example, sick leave could be approved to cover time spent caring for in-laws, grandparents, grandchildren and domestic partners; FMLA leave could not.

Contact Sharlene Lyle, 443-861-9774, DSN 848-9774 for additional information or guidance concerning leave options for family care.

Judy Tredway

G-1, Human Resources Director



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Out of Africa: New recreation director a world traveler

By Mark Schauer

U.S. Army Yuma Proving Ground is of vital importance to the national defense for its testing of virtually everything in the ground combat arsenal.

The proving ground's reason for existence, however, makes it especially challenging when it comes to personnel willing to brave Yuma's intense summers, where daily high temperatures usually surpass 100 degrees Fahrenheit by the first week of June and stay there until the end of September.

The parched desert climate won't be an issue for new recreation director Tina Wills, however, who has spent years in some of the world's most rugged places.

schools and then Pennsylvania State University.

"As a kid I was always planning activities for clubs and friends. I was the group organizer and when I got to college I was guided into parks and recreation management."

Her first experience with the Army was a MWR summer internship as a camp counselor in Germany while still pursuing her degree.

"I fell in love with it," she said. "MWR is such a great organization: we're here for the service members, and I love that."

When she earned her degree, however, there were no positions available within the Army. She ran a municipal parks and recreation summer camp program in Polk County, Florida for five years before taking the plunge

High Atlas Mountains. I'm an outdoor type of person and enjoy roughing it, and the Peace Corps was roughing it. There was no running water or electricity in the village when I arrived."

She lived in a home with a mud roof, cement floors, and uncovered windows, and spent her first six months getting to know the people in the community.

"It was very fun and challenging," she said. "I drank a lot of Moroccan mint tea that summer."

container-- would be Spartan, she wasn't fazed.

"It wasn't far away from my Peace Corps experience," she said with a smile. "I was like, 'I could do that. I've done that—I lived in a mud house in Morocco.'"

She was hired for the job. The security situation was such that personnel weren't allowed to leave the confines of the camp, but she still organized several popular bimonthly MWR trips for Soldiers that toured

"They say the Peace Corps is the toughest job you'll ever love. That's pretty accurate."

She also became conversant in the local Berber dialect, Tamazight.

"I could go into the village and order all my fresh vegetables from the souk or order something in a restaurant. I could talk with most people in my village."

During her two years there, she worked on a variety of projects, from successful grant-writing efforts to bring utilities to the community to volunteer work at the local school, which included painting a large world map mural on one of the exterior walls.

"They say the Peace Corps is the toughest job you'll ever love. That's pretty accurate."

Her two years in the Peace Corps completed, Wills was enthused to find a MWR job available as an assistant MWR director at Fort Belvoir, Virginia. After a year there, however, she was intrigued by a job listing for a recreation specialist position at Camp Lemonnier. A Navy base in Djibouti, Lemonnier is eight miles from the border with Somalia, a war-torn nation widely considered one of the most dangerous in the world. Despite the locale and the fact the living conditions—a converted Connex

sites in neighboring nations like Uganda, Egypt, and Seychelles, a complicated task that required coordination with the American embassies in each country. Though it was sometimes a challenge to keep groups of upwards of 40 people on schedule as they toured pyramids or sailed the Nile River, there were no problems in these sometimes volatile areas.

"The Peace Corps does a very good job of teaching their volunteers to blend in with local surroundings and adapt, as well as respect cultural differences."

In her present job, Wills manages the fitness center that YPG's Soldiers depend on, as well as the swimming pool, post library, auto skills center, and the Howard Cantonment Area car wash. She scuba dives and hikes in her spare time, and plans to begin a Master's degree soon, which should keep her in Yuma for the foreseeable future.

"Yuma is beautiful. I'm taken away with the sunsets and breathtaking views," she said. "The mountains are gorgeous."



(PHOTO BY MARK SCHAUER)

Tina Wills, helping a patron at the gym, says "I fell in love with MWR. It is such a great organization: we're here for the service members, and I love that."

Though her previous Morale, Welfare, and Recreation (MWR) job was in Kuwait, Wills has spent years on the African continent, first in the Peace Corps and then working at Camp Lemonnier in Djibouti. It was a long way from her youth in State College, Pennsylvania, where she attended local

into a lifelong dream of joining the Peace Corps. A two year commitment, she sold all of her belongings and after a three month training program found herself assigned to the North African nation of Morocco.

"I lived in a very small, remote village in the middle of the eastern

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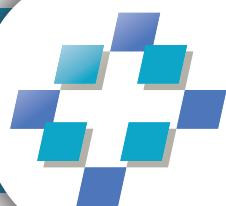
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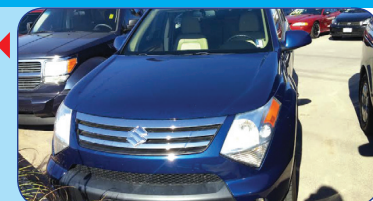


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YPG shines at Yuma's Military Appreciation Day festival

By Mark Schauer

Yuma has a long history of military presence and a large population of veterans.

To celebrate both, the City of Yuma observed its annual Military Appreciation Day on January 10th with a full day of activities on historic Main Street.

"Yuma has decided the 4th of July, Memorial Day, and Veterans Day are not quite enough to express the way we feel about our military, so we needed another day," said Douglas Nicholls, Yuma mayor.

The event's opening ceremony featured remarks from Yuma Test Center commander Lt. Col. James DeBoer, who stressed the Army's almost continuous presence in the Yuma area since 1850.

"The U.S. Army Yuma Proving Ground of today is the lineal descendant of those historic

operations," said DeBoer.

The good feeling toward the military was palpable amongst the thousands who strolled through the Main Street displays throughout the day.

"You can feel it here," said Bill Heidner, Heritage Center curator. "The active support is not just talk or rhetoric in Yuma, you actually see it almost daily. In this crowd today, even Canadian military veterans are out with their caps showing their affiliations, which I think is neat."

YPG's street exhibit consisted of a M119A2 105 mm howitzer, a High Mobility Multipurpose Wheeled Vehicle, and two table displays of vintage Army helmets and reproductions of Army arms from the 1910s to the present day. Inside the Yuma Art Center, an entire upstairs hallway was devoted to artwork produced by active duty



(PHOTOS BY MARK SCHAUER)

Visitors stop to view the Army artwork on display in the Yuma Art Center during the Military Appreciation Day (MAD) festival in Yuma Historic Downtown.

Soldiers across the Army's history. This artwork will remain for public viewing into the month of February.

"The YPG exhibit is excellent," said Cpl. Luis Espinoza, as he

escorted a troupe of Young Marines. "The Young Marines are definitely enjoying themselves looking at all the weapons and displays."

SEE **YPG SHINES** page 7



Yuma Test Center Commander Lt. Col. James DeBoer, addresses the audience at the festival's opening ceremony in Yuma's Historic Downtown .



An M119A2 105 mm howitzer and a High Mobility Multipurpose Wheeled Vehicle, were among the items displayed by Yuma Proving Ground at the MAD festival.



A favorite, vintage Army helmets, is a big attraction for many children and their parents.

YPG SHINES

FROM PAGE 6

Visitors also had the opportunity to hear Heidner and YPG public affairs officer Chuck Wullenjohn give two presentations each on YPG and its history,

as well as interact with Soldiers from the proving ground.

"I enjoy being out here," said Sgt. Demarius Jackson, parachute rigger, who

has participated in multiple community events in his time at YPG. "It is always a good time."



YPG's Command Sgt Maj. Sean Ward and Sgt. Demarius Jackson talk to a visitor. Demarius said, "It is always a good time out here."

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What is family resiliency?

Submitted by Paul J. Kilanski
ACS, Master Resilience Trainer

Family resiliency refers to the ability of the family to use skills, attitudes, behaviors and resources to withstand, recover and even grow from significant challenges that threaten its stability and overall healthy functioning. Resilient families share a variety of traits that help them during life's challenges.

These traits include:

A shared sense of family, commitment and dependability, open affection and respect for one another. Appreciation of one another and spending time together.

A sense of spiritual well-being that

has been created through a well-established, shared sense of meaning and purpose, values and beliefs.

Effective communication that is honest, clear and positive, and the ability to accurately listen and respond to others.

Effective problem-solving and conflict-resolution abilities, active coping and the ability to learn from experience.

A well-developed social support system that successfully uses resources and is actively involved and connected to the community through service to others.

What can you do to improve your family's resiliency?

SEE **RESILIENCY** page 9

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Modernizing equipment for the Arctic Soldier

Submitted by Clara Zachgo, Technical Editor, CRTC

With the spotlight of the Army shifting away from the desert environment and towards the Pacific Rim, the Arctic Soldier and an effort to modernize outdated equipment is quickly becoming an area of focus. Through the Army's Soldier Enhancement Program (SEP) two pieces of equipment were recently tested at the US Army Cold Regions Test Center (CRTC). The first being a new 10-man arctic tent whose performance was being evaluated for United States Army Alaska (USARAK) application as a commercial-off-the-shelf (COTS) item. The other equipment tested were three different prototype Ahkio sleds, all vying to replace the current issue Ahkio. These two pieces of arctic equipment are in particular need of replacement not only because they are so outdated, the tent is the original 1950 design and the Ahkio 1970, but because they are beginning to be unsupportable due to lack of available replacement parts.

During testing a group of 15 Soldiers from the 1/25 Stryker Brigade Combat Team (SBCT) from Fort Wainwright, Alaska, spent three weeks at CRTC putting

the replacement equipment to the test and it could not have gone any better. Vern Heintz, CRTC test officer said, "I was initially concerned that the test schedule we put together may have been a bit overzealous, but the team of Soldiers performed exceptionally and completed all missions without fail."

Each morning, the Soldiers had to set up the new tent, then take it down and re-pack it into one of the three new Ahkios. They then pulled the Ahkio and tent on a 3 to 5 kilometer hike. While on the trail, they set up and tore down the

was very pleased with the performance of the replacement tent and Ahkio sled. He said the new tent is "much easier to use" and the new Ahkios "don't tip like the old one use to."

Staff Sgt. Timothy Triplett who has been stationed in Alaska for several years, used the legacy Ahkio and 10-man tent during training exercises before participating in testing and was extremely pleased with the new equipment. "The new tents are better, lighter, and faster to set up. They require a lot less manpower." One major

10-man tent and Ahkios and any suggestions that they had from their

Systems Team for Product Manager Force Sustainment Systems

went very well. The Soldiers put just under 45 kilometers on each



Soldiers pull the Ahkio and tent on a 3 to 5 kilometer hike. While on the trail, they set up and tore down the tents an additional two times.



(PHOTOS BY CRTC STAFF)

Each morning, the Soldiers had to set up the new tent, then take it down and re-pack it into one of the three new Ahkios.

tents an additional two times. On Fridays, the Soldiers spent the night in the tents. During the last few days of testing the test team traveled to the Paxson Lake area to see how each system handled deeper snow and side slopes. Sgt. Chelan Pitkin, a test participant

improvement with the newer Ahkios was "the old one left distinct patterns in the snow, but the new ones just show snow disturbance," he said.

At the end of each day the Soldiers completed surveys about the performance of the

experiences that day. These surveys will help in the selection process and give the program managers the Soldier perspective on each product. Heintz added, "All Soldiers from Privates to NCOIC's had phenomenal feedback with well thought out recommendations corresponding to their complaints."

John Viggato, a member of the Shelter

who traveled to CRTC during the testing to engage with the test team, was very pleased with the quality data and feedback collected from the Soldiers. "Coming to CRTC with this group of Soldiers was like giving the equipment to a battalion for the entire winter."

Elizabeth Palm, a CRTC test officer summed up the test saying "Overall, testing

Ahkio prototype and the new tent saw 90 strike/erect cycles. The Soldiers stayed engaged throughout the entire test and consistently gave helpful feedback."

The next step for the modernization of arctic equipment will be discussed during the upcoming Arctic Equipment Symposium the USARAK puts on at Fort Wainwright in early February.

RESILIENCY

FROM PAGE 8

Family members can gain appreciation and affection for one another, develop a clear sense of family and strengths that can help sustain them through the most difficult of life's challenges by:

Valuing one another and spending time together.

Developing, observing and honoring family history and rituals, customs, values and beliefs.

Communicating effectively with one another in open, honest ways, sharing feelings, actively listening, problem solving and respecting differing points of view.

E-cigarette use prohibited on government facilities

The following, Executive Order 13058, "Protecting Federal Employees and the Public from exposure to tobacco smoke in the federal workplace" (3 CFR, 1997 Comp., p. 216), is published in the Outpost, to provide policy guidance regarding the use of electronic cigarettes which are prohibited at (eateries, work offices and work buildings) on the installation.

This policy applies to all military and civilian personnel, including appropriated and non-appropriated fund employees as well as family members, visitors, volunteers, or contractors working on or visiting the YPG and Garrison's Installation.

Policy states the following:

a. There is a safety concern regarding nicotine delivery devices such as

electronic cigarettes, also known as "e-cigs" or "vapors". E-cigs vaporize nicotine and flavoring liquids, which produce a vapor that is inhaled by the user. This is done using the unit's three main components: the battery, atomizer/cartomizer (also known as the heating element) and the e-liquid. When the user inhales or presses the activation button (depending on the model), power is delivered to the atomizer/cartomizer. The atomizer/cartomizer, which is saturated in e-liquid, heats up slightly and vaporizes the nicotine into a fine vapor mist which is then inhaled and in turn exhaled by the user.

b. Due to the nature, appearance, and safety concerns of the e-cigarettes, under this policy, they

will be considered to be in the same category as tobacco products, whose use is governed by AR 600-63, Army Health Promotion, Chapter 7, Environmental Health. Since this policy defines e-cigarettes in the same category as tobacco products, their use is restricted as outlined in AR 600-63, para 7-3, Policy for Controlling Tobacco Use.

c. E-cigarettes are battery operated devices that look like conventional cigarettes. The e-cigarettes contain a cartridge pre-filled with nicotine and flavoring which is delivered to the user as vapor. Water vapor is emitted from the end of the device to mimic the appearance of smoke.

d. "Vapors" are battery operated devices that look like

SEE CIGARETTE page 11

— CHAPLAIN'S CORNER — Team YPG

Submitted by Chaplain (Maj.) Douglas Thomison

Good day Yuma Proving Ground. As you enter YPG you have probably seen the Team YPG sign and slogan. I truly believe the importance of being a team member cannot be underestimated.

Many of you may have participated in "teambuilding" activities. One teambuilding game played at seminars attempts to emphasize the way we may think and what changes in thought would serve us well. The game goes like this. The participants are teamed into two or three teams of at least three people on each team. The teams are then given building materials. Each of the teams is then told to build the largest building possible in a given amount of time.

What happens in the next few minutes is interesting. Some teams just go to work. Others appoint a leader (or the leader is self-appointed) and take orders in the construction process. Sometimes a team will spend most of its time planning. The team may not

even have enough time left for the actual building stage of the game.

All the teams stay busy, and build a building. There is always a comparative winner among the teams, but not one team succeeds. You see, no team ever builds the largest building possible. The rules of the game never told the teams they cannot work together on one building. The teams just never think to cooperate as a whole.

So when thinking of being a team member, I encourage you to look beyond what meets the eye. There are players and respective contributions you may have not even considered. The Bible tells us: "For just as each of us has one body with many members, and these members do not all have the same function, so in Christ we, though many, form one body, and each member belongs to all the others." (Romans 12:4-5) Go Team YPG! Have a blessed day Yuma Proving Ground.

FY15 - 1ST QUARTER ICE CUSTOMER SERVICE ROLL CALL

Congratulations to the following personnel who are recognized for their great customer service at Yuma Proving Ground. YPG customers were so impressed with their service, they submitted ICE comments to tell us what a terrific job they did. If you would like to comment on our Service Providers go to <http://ice.disa.mil>

Alexander, Patti	Ellis, Marc	Moe, Greg
Bernard, Michael	Everly, Connie	Morales, Adam
Boyer, Deanna	Garcia, Rick	Moreno, Paul
Braun, Monique	Goyette, Heather	Moreno, Zeke
Brimmage, Bertrice	Greene, Lorra	Ornelas, Mike
Campbell, Mike	Hurlocker, Darlene	Overstreet, Raquel
Castanon, Bernie	Koenigs, Denys	Pinto, Angelia
Cather, William	Koretz, Quintin	Saladin, Kya
Corrigan, James, CPT	Lucero, Brian	Sanchez, Antonio
Dushane, Dave	Mercado, Debra	Spatig, Johnathan

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CIGARETTE

FROM PAGE 10

pens or small flashlights that have clear containers with visible e-liquid. The vapor that is inhaled is primarily vaporized nicotine, propylene glycol, glycerin and natural and/or artificial flavoring. The nicotine levels and flavors differ based on the user's choice. Water vapor is emitted from the end of the device to mimic the appearance of smoke.

e. Current restriction by the FDA and other regulating bodies prohibit manufacturers from making any health claims about e-cigarettes or vapors. However, advertisements claim electronic cigarettes are a healthier way of smoking by stating that unlike traditional tobacco cigarettes which have over 4000 chemical additives, electronic cigarettes only include the additive propylene glycol and/or glycerin,

a non-toxic, oil based humectants which is typically found in food and coloring for cake mixes.

f. E-liquids and cartridges range in levels of nicotine from 0mg to 36mg.

Manufactures offer cartridges for e-cigarettes with decreasing levels of nicotine with the idea that they can be used to help someone quit smoking. No studies have been conducted to demonstrate the safety or effectiveness of these products as tobacco cessation aids and they are not approved by the FDA as a tobacco cessation.

g. There are no health warnings on these products as opposed to those seen on conventional cigarette packages.

h. Commanders and directors need to be aware that these devices could be used to discreetly deliver

substances other than nicotine (e.g., hemp oil, honey butane oil, pure liquid THC or alcohol).

i. This memorandum does not cancel or supersede other instructions wherein tobacco use is controlled because of fire, explosive, or other safety considerations.

j. Punitive Effect: Violation of this directive by military personnel may subject offenders to non-judicial or judicial action under the Uniform

Code of Military Justice. Violation by other persons may subject the violator to adverse administrative action, and/or debarment from the installation.

The Director of Installation Safety is the proponent of this policy. For more information, you may call 328-7719.

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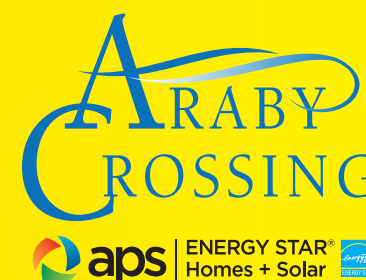


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